1. These are GeoTIFF format, which can be directly opened in ArcGIS (Add Data button).
2. After open the GeoTIFF in ArcGIS, then using the raster calculator under the Spatial Analyst Tool to setnull all values greater than 1.e10 as follows:

SetNull("MGDI\_inst\_cleaned\_percent\_change\_2010\_NA\_GEO.tif" > 1.e10, "MGDI\_inst\_cleaned\_percent\_change\_2010\_NA\_GEO.tif")